



# *Creative Child Learning Center* **AT SOUTHWOOD**

The Smart Choice For Preschool

SouthWood – Tallahassee: 4390 Grove Park Drive, Tallahassee, FL 32311 ▪ (850) 513-1121 ▪ FAX: (850) 513-1122

## **Agreement**

State of Florida  
Governing Policies

### **Alternative Nutrition Plan**

Florida Administrative Code  
Chapter 65C-22.005

If lunch and snacks are furnished by the child's parents, there shall be a written agreement signed by the parents and kept on file at the facility. The agreement shall define the responsibility of the parent and the operator for meeting the child's nutritional needs. Lunches shall include the protein, grain, fruit, and dairy groups.

\_\_\_\_\_  
Signature of Parent(s) or Guardian(s)

\_\_\_\_\_  
Date



**Agreement**  
State of Florida  
Bureau of Children's Services

**ALTERNATE NUTRITION PLAN**

Date: \_\_\_\_\_

Dear Parent:

In accordance with the Florida Administrative Code, parents and the child care facility/home are urged to work cooperatively to assure that children are provided with nutritious snacks and meals where lunches are not provided by the facility/home.

Please read the following carefully, sign, and return as soon as possible to Creative Child Learning Center.

The facility/home agrees to provide a nutritious:  
(Operator/Director checks those which apply.)

- \_\_\_\_\_ breakfast
- \_\_\_\_\_ mid-morning snack
- \_\_\_\_\_ mid-afternoon snack
- \_\_\_\_\_ evening snack
- \_\_\_\_\_ no meals or snacks

The parent agrees to provide a nutritious:  
(Parent checks those which apply.)

- \_\_\_\_\_ mid-morning snack
- \_\_\_\_\_ lunch
- \_\_\_\_\_ mid-afternoon snack
- \_\_\_\_\_ supper

I have read the preceding and agree to meet the child's nutritional needs as defined above.

\_\_\_\_\_  
Operator/Director Signature

\_\_\_\_\_  
Parent Signature

Meals provided by parents shall consist of the following:

- A. Meat/Poultry/Fish                    2 ounces  
   or cheese                                2 ounces  
   or eggs                                    1 egg  
   or peanut butter                        4 tablespoons  
   or dried beans or peas                1/2 cup
- B. Fruits (2 or more)                    1/2 cup  
   or vegetables                            1/2 cup  
   or fruits and vegetables               3/4 cup total amount and  
    vegetables must equal 3/4 cup
- C. Bread                                    1 slice
- D. Butter                                    1 teaspoon
- E. Milk                                       1 cup – 8 oz.